

# Kerre Mclvor

## Instagram

Multi-talented Kerre Mclvor, famous for her razor-sharp wit and intellect, is a brilliant MC, presenter, guest speaker and debater. Never one to shy away from a good healthy discussion, she currently co-hosts "Kerre Mclvor Mornings" on New Zealand's No.1 Radio station NewstalkZB.

If that wasn't enough, Kerre has a weekly column in the Herald on Sunday and is a frequent contributor to other magazines and newspapers around the country.

Possessing boundless energy and a natural enthusiasm for life, Kerre embarked on a fitness and training programme to complete the Auckland Marathon and followed that up with completing the New York marathon in 2008. Her book "Short Fat Chick to Marathon Runner" documents her life-changing decision to get fit and stay fit – a journey of self-discovery and self-discipline, laced with lots of entertaining stories along the way.

In 2009, she also completed the London Marathon as well to add to her medal tally - and her most recent book, "Musings from Middle Age" embodies Kerre's witty and humorous approach to growing older - her frank experiences of becoming a woman of a "certain age," from learning to live as an empty-nester, to becoming "un-chat-up-able" to the opposite sex!

Kerre has appeared on NZ TV screens many times over her stellar career, on shows including Intrepid Journeys, Fair Go, Heartland, Ready Steady Cook and Dream Jobs. She has also hosted several TV documentaries and is an ambassador for NZ Breast Cancer Foundation. Whenever she can, Kerre gets on a plane to London to take up the favourite role of her life - Glam-Ma to her two adorable grandchildren, Bart and Theodora.



*outspoken*