

outspoken

Julia and Libby

<http://outspokenbyodd.co.nz/julia-and-libby>

SKILLS: After Dinner Speaker, Blogger, Brand Ambassador, Chef, Host, Keynote Speaker, Presenter, Writer

INTERESTS: Health and Lifestyle, Inspirational, Motivational, Social Media, Travel

Julia and Libby are kiwi sisters passionate about good food and healthy living. They have spent the last few years building themselves an empire based on their core beliefs - that beauty starts from within, and food can be used as medicine to stay well.

Influential in the social space, the pair are also accomplished authors - with two books under their belts already. All of their recipes are free of refined sugar, and most are dairy free, gluten free and vegan.

In 2016, they released their first cook book with Penguin Random House called [Julia and Libby's Wholefood Kitchen](#). 2018 has seen the launch of their hugely successful self-published book, [Nourished](#).

Their Facebook and Instagram pages started as a way to share their favourite kitchen creations with their close friends and family. They quickly gained traction, and saw their following soar to well over 100,000 fans in a very short space of time. Their followers resonated with their ability to create easy yet flavoursome recipes, full of nutrients.

Their sought after opinions have sound scientific backings - Libby holding a Naturopathy Degree. And Julia is on the cusp of completing a Bachelor of Health Science, majoring in Naturopathy.

Skilled bloggers, writers and food photographers, their interests span across health, natural beauty, and living a wellness-focused lifestyle. Their experience has built them a reputation as talented and reliable content creators - making them in-demand brand ambassadors and influencers. Regardless where they are traveling or what projects they have on the go, they're skilled at working proficiently and professionally - generating great results and rave reviews.

The sisters have also grown themselves sizeable audiences on their individual pages, posting more personal content which appeals to slightly different audiences. Read more about [Julia](#) or [Libby](#).

To book Julia and Libby please call Outspoken on **09 360 8333** or email outspoken@odd.co.nz

SOCIAL MEDIA REACH

f 65K

3,680

66.8K

